

## Make a Statement!

Nothing is sexier than a slinky and simple one colour dress set off with an adventures pair of shoes. Even better - dress up your casual jeans and shirt with a brightly coloured pair of pumps to make your impact!



## Shoe Tips

Stockings darker than your shoe.



## Flattering Heels

Stilettos look great on anyone's legs. Remember the higher the heel the more definition in your calves, creating toned and curvey legs that will go all the way to heaven.



People really notice shoes. Read any self help success in business book and one of the top five rules is keep your shoes polished and looking quality. I know they're expensive, I know they're your favourite but if your shoes are shabby throw them out!

To look after your favourite pair of heels. Rub some clear polish on them just before you walk out the door. It only takes 30 seconds.

To Keep your shoes in shape, use a piece of card (even off your cereal box) cut into a rectangle and bent into an arch to wedge into the toe area of your shoe. Also, make sure you have a dedicated spot for your shoes to be stored so they can be kept away from dust, sunlight and being crumpled by other shoes. Try using a shoe hanger or shoe rack. If you have the room - buy clear plastic shoes boxes to display and protect your shoe collection.

ANNE NOONAN

# Heel Boy!

Pumps that will make any man want to behave for you.



## Long Legs / Slim Legs

Let's face it - you were blessed with great legs. All shoes will look great on you. So, if you've got the legs...we've got the shoe style for you - ankle straps!

If you've been blessed with sexy legs then show them off in gorgeous heels that strap around your ankles. Not many of us can pull them off so make other women jealous with some new season straps.



## Short Legs / Small Feet

Try wearing open toes or thin strap heels that show a lot of flesh. This gives the illusion of longer legs and feet. Pointy toed shoes are great to lengthen the foot also and balance out that perfect outfit.



Anne Noonan is an image consultant who runs her own business -

Reset, Reshape and Restyle.

She helps women regain confidence,

dictate their own style,

improve health and

attract the right attention.

